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WELCOME LETTER

On behalf of Orlando Metro Gymnastics, the Greater Orlando Sports Commission, Osceola Heritage Park, and the Florida Sports Foundation we are honored to host the 2023 USA Gymnastics Level 9 Eastern Championships in Kissimmee, Florida. With all that our community has to offer, we are sure you will agree that Silver Spurs Arena will be the perfect site for the 2023 Eastern Championships.

However you choose to spend your time in our community, we trust your overall experience will serve as a fitting tribute to your dedication to the sport of gymnastics, and the many hours spent training to compete at the Eastern Championships. Moreover, with some wonderful attractions in our backyard, as well as a great offering of local restaurants and shopping options we are sure you won't be disappointed while visiting our fun-filled community.

Best of luck to each of the participating gymnasts and we look forward to having you back in the future.

A handwritten signature in black ink, appearing to read 'Jason Siegel'.

Jason Siegel
Chief Executive Officer
Greater Orlando Sports Commission

A handwritten signature in black ink, appearing to read 'Jeff Wood'.

Jeff Wood
Owner
Orlando Metro Gymnastics

GENERAL MEET INFORMATION

- **Meet Hosts:**
 - Orlando Metro Gymnastics
 - Elite Gymnastic Organization (EGO Booster Club)
 - Jeff Wood, Owner
 - 4658 LB McLeod Road, Orlando, FL 32811
 - www.orlandometrogyms.com
 - Greater Orlando Sports Commission
 - Kyle Sturley, Senior Director of Marketing, Communications and Special Events
 - 400 W. Church St #205 Orlando, FL 32801
 - 517-712-3636
 - ksturley@Greaterorlandosports.com
- **Meet Director:** Karen Kerr
 - Email: klikerr@aol.com
 - Phone: 813-294-8503
- **Meet Coordinator:** Carol Goodrich
 - Email: carol.goodrich@orlandometrogyms.com
 - Phone: 816-813-2743
- **Meet Location:** Osceola Heritage Park; Silver Spurs Arena, 1875 Silver Spur Lane, Kissimmee, FL 34744
- **Equipment:** AAI

VENUE INFORMATION

- **Admission Tickets:** Admission tickets will be available for purchase at the Silver Spurs Arena Box Office. There will be no advanced sells of admission tickets. Adults are considered 12 years and older. Kids 3 years and under are free.
 - Training Day (May 4)
 - Adults: \$10
 - Children: \$5
 - Competition Days (May 5-May 7)
 - Adults: \$35 per day/\$85 for weekend
 - Children: \$20 per day/ \$55 for weekend
 - Gymnastics are free if competing in the competition
 - Coaches are free if coaching in the competition. Please have your USAG membership card available for the entrance
- **Concessions:** Food and beverages will be available for purchase. No outside food and beverage can be brought into the facility, with the exception of athletes water/sports drink(s).
- **Parking:** Parking will be complimentary.
- **Coaches Hospitality:** A coaches Lounge will be available on-site throughout the event. Please beware that the coaches lounge will ONLY serve snacks and drinks throughout the day.
- **Spectator Bag Policy:** While guests are encouraged to leave bags behind, the following bag types are permitted:
 - Clear bag no larger than 12" x 6" x 12"
 - Small clutch or purse no larger than 4.5" x 8"
 - Larger bags will not be permitted inside the building





PRE-ORDER ITEMS

- **Digital Shout Outs:** You will not want to miss the opportunity to wish your gymnast “Good Luck” and/or promote your business to those in attendance. Shout Outs/advertisements will scroll on a digital display in the arena lobby. An order form is attached so that your facility/booster club and/or parents may place an advertisement or personal message of encouragement for their gymnast. Artwork or pictures may be emailed, in JPEG format along with the order form to carol.goodrich@orlandometrogyms.com
- **Roses:** Congratulate your gymnast with flowers. Each order will be wrapped with fresh greenery and ready for pick up in the arena lobby when you arrive. Complete the order form attached in this packet and email to carol.goodrich@orlandometrogyms.com by May 1st.

Again, thank you and congratulations on making it to Easterns. We look forward to meeting you and helping you promote, encourage and congratulate your teams and gymnasts.



PRE-SALE ORDER FORM
Deadline Monday, May 1, 2023

Gymnast Name: _____ Gym Name: _____

Contact Name: _____ Contact Phone #: _____

Contact email: _____

Please select item(s) that you are ordering

- ___ Digital Good Luck Shout Out \$25
- ___ Digital Advertisement \$100
- ___ 1 Rose \$5.00
- ___ 3 Roses \$12.00
- ___ 6 Roses \$20.00

Total of Pre-Order: \$ _____

Credit Card # _____ Exp _____ CVV _____

Name on Card _____

Billing Zip Code _____

Signature: _____

Date: _____

Please email completed form along with artwork/picture to carol.goodrich@orlandometrogyms.com

ATHLETE PARTY

Deadline Sunday, April 30, 2023



The 2023 USAG Level 9 Eastern Championship Athlete Welcome Party will be hosted at one of Orlando's premiere entertainment venues Drive Shack! Drive Shack is a multi-level golf entertainment destination where players of every slice or fade can kick back, kick it up, or kick aside everything they know about golf. It's the place to play the game your way, with a group of friends of all ages, or just hang out! From experienced golfers to those who don't spend any time on the greens, there's an interactive game or friendly competition for everyone – no matter your drive! Please see below for further event details on the upcoming event.

- **Drive Shack Address:** 7285 Corner Drive, Orlando, FL 32827 (3rd Floor)
- **Event Date:** Thursday May 4, 2023
- **Event Time:** 7:00pm – 9:00pm
- **Event Includes:** Entire third floor of the venue that includes 2 hours of golf 'Bayplay', Food and Beverage Service, Game Lounge Play, East Interior and Exterior Terrace Lounges.
- **Buffet Includes:** Hummas & Veggies, House Salad with Ranch and Honey Mustard, Pulled Pork with BBQ Sauce, Fried Chicken Medallions with Buffalo Sauce, Slider Buns, Fruit and Chocolate Chip Cookie, Soft Drinks, Lemonade, Iced Tea and Water
- **Athlete Party Ticket Price:** \$60 per person
- **Link to Purchase Tickets:** <https://www.eventbee.com/v/usa-gymnastics-level-9-eastern-championships-athlete-party/event?eid=210816954#/tickets>
- **Deadline to Purchase Tickets:** Sunday, April 30th

If you have any questions, please feel free to contact Jennifer Lastik at jlastik@greaterorlandosports.com



ATTRACTION TICKETS

Deadline Tuesday, April 18

The Greater Orlando Sports Commission, Orlando Metro Gymnastics and USA Gymnastics have secured special prices to Orlando's internationally known theme parks and have made these prices available to participants of the 2023 Level 9 Eastern Championships. Due to the special pricing offered, all tickets will have validity and expiration dates specific to this event which is listed above and printed on each ticket.

Please visit <https://greaterorlandosports.com/tickets-usagym23/> for ticket offers for Universal Orlando and Sea World.

EMERGENCY INFORMATION

- **REGIONAL CHAMPIONSHIP HOSPITAL**
 - Name: Florida Hospital
 - Address: 2450 N. Orange Blossom Trail, Kissimmee, FL 34744
 - Phone #: 407-846-4343

- **POLICE DEPARTMENT**
 - Name: Kissimmee Police Department
 - Address: 8 North Stewart Avenue, Kissimmee, FL 34741
 - Phone #: 407-847-0176

Certified athletic trainers will be on-site

HOST HOTELS

Springhill Suites by Marriott Orlando/Kissimmee

- **Room Block:** Wednesday, May 3 - Sunday, May 7, 2023
- **Rates:** \$139.00/night – Double occupancy
- **Reservations:** To make reservations, please visit: www.ntssportstravel.com
- **Cutoff Date:** April 17, 2023

Holiday Inn Express Orlando South Lake Buena Vista

- **Room Block:** Wednesday, May 3 - Sunday, May 7, 2023
- **Rates:** \$129.00/night – Double occupancy
- **Reservations:** To make reservations, please visit: www.ntssportstravel.com
- **Cutoff Date:** April 19, 2023

Hampton Inn & Suites Orlando South Lake Buena Vista

- **Room Block:** Wednesday, May 3 - Sunday, May 7, 2023
- **Rates:** \$149.00/night – Double occupancy
- **Reservations:** To make reservations, please visit: www.ntssportstravel.com
- **Cutoff Date:** April 17, 2023

Red Lion Hotels Orlando Lake Buena Vista South

- **Room Block:** Wednesday, May 3 - Sunday, May 7, 2023
- **Rates:** \$125.00/night – Double occupancy
- **Reservations:** To make reservations, please visit: www.ntssportstravel.com
- **Cutoff Date:** April 17, 2023

SITE ADDRESSES

- 1. Orlando International Airport**
Address: 1 Jeff Fuqua Blvd, Orlando FL 32827
- 2. SpringHill Suites by Marriott Orlando/Kissimmee (Host Hotel)**
Address: 4991 Calypso Cay Way, Kissimmee, FL 34746
Phone: 407-997-1300
- 3. Red Lion Hotels Orlando Lake Buena Vista**
Address: 5150 West Irlo Bronson Memorial Highway, Kissimmee, FL 34746
Phone: 407-997-2800
- 4. Holiday Inn Express Orlando South Lake Buena Vista (Host Hotel)**
Address: 5001 Calypso Cay Way, Kissimmee, FL 34746
Phone: 407-997-1400
- 5. Hampton Inn & Suites Orlando South Lake Buena Vista**
Address: 4971 Calypso Cay Way, Kissimmee, FL 34746
Phone: 407-396-8700
- 6. Osceola Heritage Park/Silver Spurs Arena (Competition Venue)**
Address: 1875 Silver Spur Lane, Kissimmee, FL 34744
Phone: 321-697-3333
- 7. Drive Shack (Athlete Party Location)**
7285 Corner Dr.
Orlando, FL 32827
407-553-8820

OSCEOLA COUNTY RESTAURANTS

1. Medieval Times Dinner & Tournament

4510 West Vine Street
Kissimmee, FL 34746
407-396-2900
<http://www.medievaltimes.com/>

2. Kobe Japanese Steakhouse & Sushi Bar

2901 Parkway Blvd. Suite C-3
Kissimmee, FL 34747
407-396-8088
<http://www.kobesteakhouse.com/>

3. Arabian Nights

6427 Westwood Blvd
Orlando, FL 32821
407-412-5703
<https://restaurantarabiannights.com/>

4. Joe's Crab Shack

10 Blake Blvd.
Kissimmee, FL 34747
321-939-6880
<http://www.joescrabshack.com/>

5. Logan's Roadhouse

5925 West Irlo Bronson Memorial Hwy
Kissimmee, FL 34746
407-390-0500
<https://logansroadhouse.com/>

6. Flippers Pizzeria

5770 U.S. 192 #430
Kissimmee, FL 34746
407-397-9509

<http://www.flipperspizzeria.com/>

7. Red Lobster

5690 West Irlo Bronson Memorial Hwy
Kissimmee, FL 34746
407-396-6997

<http://www.redlobster.com/>

8. Seafood House

3415 West Vine St
Kissimmee, FL 34741
407-201-3186

<https://www.seafoodhousekissimmee.com/>

9. Charley's Steak House

2901 Parkway Blvd
Kissimmee, FL 34747
407-396-6055

<https://www.charleyssteakhouse.com/>

10. Little Italy

2901 Parkway Blvd
Kissimmee, FL 34747
407-396-7736

<https://www.littleitalycelebration.com/>

11. El Tenampa Mexican Restaurant

4563 W Irlo Bronson Memorial Hwy
Kissimmee, FL 34746
407-397-1981

<http://www.el-tenampa.com/>